



CACES R489 Quiz

Free Study PDF

Practice online: <https://certs.theorypractice.app/frcacesr489>

How to use this sheet

Use this printable companion with the video walkthrough and online mock exam. Review the topics below, then start a timed practice session when you are ready.

Topics to review

1. Core formulas and field calculations
2. Codes, standards and compliance
3. Safe work practices and PPE
4. Tools, materials and on-site reference

Open the web exam page, then unlock timed practice when you are ready.

Next steps

1. Open <https://certs.theorypractice.app/frcacesr489>.
2. Download or bookmark this PDF.
3. Start the online mock exam for instant scoring and explanations.



Start the online mock exam

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