



CMTBC Massage Therapy Prep

Free Study PDF

Practice online: <https://certs.theorypractice.app/cmtbc>

How to use this sheet

Use this printable companion with the video walkthrough and online mock exam. Review the topics below, then start a timed practice session when you are ready.

Topics to review

1. Safe and effective care environment
2. Health promotion and maintenance
3. Psychosocial and physiological integrity
4. Pharmacology, infection control and patient safety

Watch related walkthroughs on [YouTube @CertsQuizPrep](#)

Next steps

1. Open <https://certs.theorypractice.app/cmtbc>.
2. Download or bookmark this PDF.
3. Start the online mock exam for instant scoring and explanations.



Start the online mock exam

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