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## Practice Questions

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**1. Which of these is the term used to describe a child who spends time alone at home after school while a parent is working?**

- A. Hysterectomy
- B. Incoherence
- C. Grief
- D. Latchkey

**2. What is the last stage in Erik Erikson's theory of psychosocial development?**

- A. Initiative vs. guilt
- B. Trust vs. mistrust
- C. Ego integrity vs. despair
- D. Generativity vs. stagnation

**3. During infancy, boundaries between the external world and inner self begin to form. At a young age, individuals may project feelings of denial as a result of which ego function?**

- A. Collaborative functioning
- B. Internal conflict
- C. External conflict
- D. Defensive functioning

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**4. You are testing a client to provide information to a potential employer with the client's informed consent. This is termed as which of the following?**

- A. cooperative evaluation
- B. collateral evaluation
- C. third-party evaluation
- D. therapeutic evaluation



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**5. Every day during third period, Mrs. Johnson's art class experiences consistent disruption caused by a specific student named Jeremiah. Jeremiah is unable to remain seated and frequently exhibits shoulder shrugging behavior. Other students have overheard him mumbling under his breath, and on occasion, he inexplicably hits himself in the head. These disruptive actions persistently occur, and when Jeremiah is approached about them, they intensify.<br/><br/>During a meeting with Jeremiah's parents, Mrs. Johnson uncovers that he is afflicted with which specific disorder?**

- A. Tourette Syndrome
- B. Bipolar disorder
- C. Anti-social disorder
- D. Muscle spasms

**6. What is Trisomy 21 also known as?**

- A. Patua syndrome.
- B. Warkany syndrome 2.
- C. Down syndrome.
- D. Edwards syndrome.

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**7. Which symptoms are most likely to be present when working with a client who has been diagnosed with Hypersomnolence Disorder?**

- A. Distress over vivid nightmares
- B. Irrepressible need for sleep
- C. Consistently feeling unrested despite getting adequate sleep
- D. Sleep walking

**8. Social workers engaged in labor management disputes must align their actions with the values, ethical standards, and principles of the profession. Social work administrators should permit supervisees to participate in organized action, including the formation of labor unions, under what specific circumstances?**

- A. There is no picketing outside of the agency
- B. The agency is not responsible for damages
- C. There is no slander towards the administrator
- D. The dispute is geared at improving services to clients and work conditions



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**9. Laura is working with Sandy, a mother whose children went into foster care six months ago. Sandy signed an agreement to work on her parenting skills and feels confident she can improve. In a team meeting, Laura presents a plan of action Sandy has agreed to complete. <br/><br/>Which of the following statements best represents Sandy's actions?**

- A. Sandy acknowledged her role in the process.
- B. Sandy felt pressured to agree to a plan since her children have been gone for six months.
- C. Sandy misrepresented her parenting capabilities.
- D. Sandy is noncompliant with her responsibilities because her children have been in care for six months.

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**10. When working with a client in an acute crisis, a social worker will want to do what first?**

- A. Encourage new coping
- B. Encourage emotional expression
- C. Establish collaboration
- D. Assess lethality

**11. The basis of transactional analysis is that each person possesses which of the following?**

- A. parent, adult and child
- B. id, ego, and super-ego
- C. person, doer, and observer

**12. Which of the following statements should a clinician use when using the clarification technique with clients?**

- A. "Today, we discussed trauma associated with your current anxiety."
- B. "You stated your son is your main concern, yet your job appears to be more important."
- C. "It's normal for someone grieving to experience anger and denial."
- D. "I hear you saying that the relationship with your mother is codependent."

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**13. Which one of the following options is NOT considered a phase of treatment in the Crisis Intervention approach to practice?**

- A. Identify specific tasks associated with healthy resolution of crisis.
- B. Identify events that brought on the crisis.
- C. Manage affect leading to tension discharge and mastery.
- D. Create target goals for change and alternative ways of thinking.

**14. In terms of human growth and development, there are three fundamental domains. They include all of the following EXCEPT:**

- A. psychological and social
- B. biological
- C. cognitive
- D. physical

**15. According to Maslow's hierarchy of needs, which stage in the five-stage model exemplifies a growth need?**

- A. social
- B. self-actualization
- C. esteem
- D. safety

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**16. Which of the following is an example of a crisis that families might experience and need support from a Social Worker to deal with?**

- A. Neighbor is causing a nuisance on an adjoining property
- B. Getting a promotion at work
- C. A financial downturn in the stock market
- D. Chronic disease of a child



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**17. The client reveals to a social worker that there has been instances of domestic violence, which resulted in their child being injured. During a court session, this information is presented as indirect evidence. Consequently, the client becomes upset with the social service agency, claiming that their confidentiality was breached. The agency administrator examines the case and concludes:**

- A. The social worker acted appropriately considering the danger
- B. The social worker wanted to make a bigger case out of the proceedings
- C. The social worker should never have disclosed this information
- D. The information should have been forwarded to administration

**18. Which of the following is true for consent?**

- A. It must be given by someone under the age of 18 only
- B. It must be informed
- C. It must be given in only life-threatening situations
- D. It must be given with a legal official nearby

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**19. The act of mistreating an individual in order to gain advantages from their resources or labor is commonly known as:**

- A. exploitation
- B. deceit
- C. permanency
- D. transference

**20. A client confides in a social worker about instances of domestic violence occurring within their household. On multiple occasions, these incidents have resulted in harm inflicted upon their child. During a court proceeding, this information is presented as circumstantial evidence. The client expresses their anger towards the social service agency, claiming that their confidentiality was breached. The administrator examines the case and concludes:**

- A. The information should have been forwarded to administration
- B. The social worker wanted to make a bigger case out of the proceedings
- C. The social worker acted appropriately considering the danger
- D. The social worker should never have disclosed this information



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**21. Maxine, residing in a serene residential area, chooses to isolate herself from her neighbors, refraining from any interactions. She exhibits a tendency to only venture outside her home when there are no individuals present. In the event that Maxine does encounter someone in her vicinity, she avoids eye contact and alters her path.**  
**<br/><br/>When evaluating the client's behavior, which personality disorder is she most likely exemplifying?**

- A. Bi-Polar Disorder
- B. Avoidant Personality Disorder
- C. Anti-social Personality Disorder
- D. Depressive Disorder

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**22. Stephanie, a active child who prefers solitary play, has a particular interest in dismantling and reassembling objects. However, she struggles with establishing reciprocal social and emotional connections, leading to challenges in developing relationships with peers. There is also an observable delay in her verbal communication skills, as she tends to rely on gestures or nonverbal cues. Based on these signs and symptoms, what would be the most likely diagnosis for Stephanie?**

- A. Tourette syndrome
- B. Narcissistic disorder
- C. Autism disorder
- D. Social conduct disorder

**23. Which of the following statements provides the most accurate depiction of ethical social work practice?**

- A. Social workers should use their therapeutic relationship to make their clients agree with the social worker's beliefs.
- B. Social workers should provide psychoeducation to each client to teach them to adhere to the social worker's ethics.
- C. Social workers should offer identical treatment to every client following a full Assessment, Diagnosis & Treatment Planning.
- D. Social workers should provide empathy, reflective listening, and treatment that meets the client where they are.



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**24. Which of the following options does NOT pertain to the concepts of privacy and confidentiality?**

- A. Social workers anticipating conflicts of interest when testifying in divorce proceeding should take suitable measures to limit conflicts of interest.
- B. To the degree possible, social workers inform clients in advance of disclosure and possible outcomes, regardless of whether through client consent or legal requirement.
- C. Social workers only request clients' private information essential for delivering services, evaluating social work, or conducting research
- D. With valid client/legal designee consent, social workers may disclose confidential information when indicated.

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**25. Harriet, an LCSW, is serving Hannah, age 13. Hannah's mother speaks with the therapist after every session asking the content of the session. Harriet knows trust between the client and herself is most important, however she does have a responsibility to her mother since Hannah is only 13. Of the below, which statement is the most true?**

- A. Harriet is obligated to inform Hannah's mother of all content since Hannah is a minor.
- B. Harriet should tell Hannah to tell her mother everything discussed.
- C. Harriet should only inform the mother of necessary information to preserve the relationship with Hannah.
- D. Harriet should not inform Hannah's mother of any content of session to preserve Hannah's trust.

**26. A social worker is providing support to Whitney in managing her anxiety. Despite making efforts to overcome her problem, Whitney has not been successful, and the strategies being implemented have started to feel like necessities. Whitney has learned to distance herself from engaging in anti-social behavior, act in a dominating way towards others, and seek validation for her actions.<br/><br/>The erratic behaviors exhibited by Whitney are indicative of which theory?**

- A. Abandonment
- B. Battered wife syndrome
- C. Sexual abuse
- D. Neurosis



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**27. Behavioral theory has two fundamental classes of behavior: respondent and operant. Which of the following is a respondent behavior?**

- A. walking
- B. obeying
- C. talking
- D. sweating

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**28. Your colleague uses cognitive-behavioral methods with many of his clients. He sometimes uses questions and answers to explore problems and produce conclusions. You understand that this is known as which of the following?**

- A. therapist modeling
- B. guided imagery
- C. cognitive elaboration
- D. Socratic dialogue

**29. Psychoanalytic counseling would be indicated for all but which of the following?**

- A. those who are self-centered
- B. those in pain
- C. those who want to become counselors
- D. those who have received intensive therapy and want to progress further

**30. Which of the following sexual disorders is NOT considered a paraphilia?**

- A. dyspareunia
- B. exhibitionism
- C. frotteurism
- D. voyeurism



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## Answer Key & Explanations

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### 1. D — Latchkey

Latchkey is the term used to describe a child who spends time alone at home after school while a parent is working.  
Incoherence is defined as disconnected thoughts.  
When a woman has her uterus removed, she is said to have undergone a hysterectomy.  
Grief is an acute sorrow in response to a loss.

### 2. C — Ego integrity vs. despair

Erik Erikson created the psychosocial development theory. His theory has 8 stages. They are: trust vs. mistrust (ages 0 to 1 1/2), autonomy vs. shame (ages 1 ½ to 3), initiative vs. guilt (ages 3 to 5), industry vs. inferiority (ages 5 to 12), ego identity vs. role confusion (ages 12 to 18), intimacy vs. isolation (ages 18 to 40), generativity vs. stagnation (ages 40 to 65), and ego integrity vs. despair (ages 65+).

### 3. D — Defensive functioning

Defensive functioning refers to the behaviors that individuals exhibit in order to protect themselves from internal conflicts or uncomfortable feelings. Projection, which involves denying and attributing one's own feelings to others, is a defense mechanism commonly observed during infancy and early childhood. It allows individuals to avoid facing their own unacceptable emotions or thoughts by projecting them onto others. This helps maintain a sense of psychological safety and reduces anxiety.  
Option A) Internal conflict is not the correct answer because internal conflict refers to the psychological struggle or tension experienced within an individual due to opposing desires, beliefs, or needs. It does not specifically relate to the formation of boundaries or the defense mechanism of projection.  
Option B) External conflict is also not the correct answer because external conflict refers to conflicts between individuals or groups, typically involving disagreements, competition, or antagonism. It does not pertain to the formation of boundaries or the defense mechanism of projection.  
Option D) Collaborative functioning is not the correct answer because collaborative functioning refers to the ability to work together with others in a cooperative and mutually beneficial manner. It does not relate to the formation of boundaries or the defense mechanism of projection.

### 4. C — third-party evaluation

A third-party evaluation is a professional determination about some aspect of a client, such as the client's capacity to undertake some new status like a new job that is provided to a third party such as an employer. The information is given only with the client's informed consent.

### 5. A — Tourette Syndrome

Tourette Syndrome is a neurological disorder characterized by repetitive, involuntary movements and vocalizations known as tics. These tics can vary from mild to severe and can include actions such as shoulder movements, head-hitting, and vocal mumbling. It is a lifelong condition that usually begins in childhood and can impact a person's daily functioning and social interactions.  
Option A (Muscle spasms) - Muscle spasms refer to involuntary contractions of muscles, which are not necessarily associated with the symptoms described in the question. While tics may involve muscle movements, Tourette Syndrome is a specific disorder characterized by these tics.  
Option B (Bipolar disorder) - Bipolar disorder is a mood



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disorder characterized by extreme shifts in mood, energy, and activity levels. While individuals with bipolar disorder may experience behavioral changes, it does not typically present with the specific symptoms described in the question, such as repetitive shoulder movements and head-hitting.

Option D (Anti-social disorder) - It seems that an incorrect disorder was mentioned as Option D. Antisocial personality disorder refers to a long-term pattern of disregard for and violation of the rights of others. It is unrelated to the symptoms exhibited by Jeremiah, and there is no indication in the question that Jeremiah demonstrates a disregard for others or violates their rights.

In conclusion, the correct answer is C) Tourette Syndrome because Jeremiah's symptoms align with the characteristics of this specific disorder, including repetitive movements, vocalizations, and the escalation of actions when approached. The incorrect answer options (A) Muscle spasms, (B) Bipolar disorder, and (D) Anti-social disorder do not accurately explain the observed behaviors and symptoms described in the question.

### 6. C — Down syndrome.

As a general rule, children conceived with this condition have some level of mental hindrance. A number of these youngsters likewise have other wellbeing issues.

### 7. C — Consistently feeling unrested despite getting adequate sleep

Hypersomnolence Disorder is a condition characterized by excessive daytime sleepiness, despite getting sufficient sleep at night. Individuals with this disorder often feel consistently unrested, even after a full night's sleep. They may experience difficulty staying awake during the day and may frequently take naps. This symptom is a key feature of Hypersomnolence Disorder, and it distinguishes it from other sleep disorders.

### 8. D — The dispute is geared at improving services to clients and work conditions

Administrators play a crucial role in fostering constructive labor management disputes that focus on enhancing services for clients and improving working conditions. Supervisors are responsible for ensuring that social workers thoroughly analyze issues and consider their potential impact on clients before making any decisions.

### 9. A — Sandy acknowledged her role in the process.

Since Sandy signed the agreement, she most likely acknowledged her role in the process of getting her children back. The scenario does not indicate she felt coerced.

C is not correct as we cannot assume Sandy is noncompliant because of the six month timeframe in which her children have been in foster care.

D is not correct as the scenario does not indicate her current parenting strengths or weaknesses.

### 10. D — Assess lethality

When a client presents in an acute crisis, there is a disruption of psychological homeostasis with evidence of distress and functional impairment. The first and most important step is to assess safety and lethality. This is followed by rapport building, problem identification, addressing feelings, generating alternatives, developing an action plan, and arranging for follow-up. Steps should be completed in order.

### 11. A — parent, adult and child

Eric Berne, the founder of transactional analysis, asserted that each person possesses the three independent and observable ego states of parent, adult, and child. These states are roughly similar to Freud's id, ego, and super-ego.

### 12. D — "I hear you saying that the relationship with your mother is codependent."

Option D is seeking clarification from the client that, indeed, the client's relationship with their mother is



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codependent.   
  
Option A uses confrontation pointing out conscious/unconscious discrepancies.   
  
Option B uses summarization with the indicator of "today, we..." to bring together the main points of the session.   
  
Option C normalizes and generalizes the client's feelings as defined in universalism.

**13. D — Create target goals for change and alternative ways of thinking.**

In the Crisis Intervention approach to practice, creating target goals for change and alternative ways of thinking is not considered a phase of treatment. The Crisis Intervention model primarily focuses on short-term and immediate therapeutic interventions to help individuals cope with and resolve crisis situations.   
  
Option A (Identify specific tasks associated with healthy resolution of crisis) is incorrect. This is considered a phase of treatment in the Crisis Intervention approach. Identifying specific tasks associated with healthy resolution of crisis involves helping individuals identify and prioritize the actions they need to take to address and overcome the crisis they are experiencing.   
  
Option C (Identify events that brought on the crisis) is incorrect. This is also considered a phase of treatment in the Crisis Intervention approach. Identifying events that brought on the crisis helps individuals and practitioners gain a better understanding of the triggers and underlying factors that led to the crisis, which can inform the development of effective interventions.   
  
Option D (Manage affect leading to tension discharge and mastery) is incorrect. This is another phase of treatment in the Crisis Intervention approach. Managing affect, or emotions, leading to tension discharge and mastery involves helping individuals regulate their emotions and develop coping strategies to reduce tension and achieve a sense of mastery over the crisis situation.   
  
Overall, the Crisis Intervention approach to practice involves identifying the specific tasks associated with healthy resolution of crisis, identifying the events that brought on the crisis, managing affect leading to tension discharge and mastery, but it does not include creating target goals for change and alternative ways of thinking.

**14. B — biological**

The **biological** domain is not one of the three fundamental domains in human growth and development. It may be included in the physical domain but it is not a domain on its own.

**15. B — self-actualization**

According to Maslow's hierarchy of needs, self-actualization is the stage that exemplifies a growth need. This stage is the highest level in the hierarchy and represents the need for personal development, self-fulfillment, and reaching one's full potential. It involves pursuing interests, goals, and activities that align with one's values and passions.   
  
Option A (esteem) is incorrect. The esteem stage in Maslow's hierarchy of needs is about the need for recognition, respect, and self-worth. While it is an important psychological need, it does not exemplify a growth need like self-actualization does.   
  
Option B (social) is incorrect. The social stage in Maslow's hierarchy of needs focuses on the need for belongingness, love, and meaningful relationships. While social connections are essential for well-being, this stage does not represent a growth need.   
  
Option D (safety) is incorrect. The safety stage in Maslow's hierarchy of needs relates to the need for security, stability, and protection. While feeling safe is crucial for overall well-being, it does not represent a growth need like self-actualization does.

**16. D — Chronic disease of a child**

Crises come in many forms. Families can be impacted by crisis of many kinds that warrant support to maintain proper functioning. Chronic disease of a child can have emotional and financial impact on a family dealing with the emotional stress and financial strain of medical care. It is important for Social Workers to understand holistically how crises can impact all members of a family.



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**17. A — The social worker acted appropriately considering the danger**

In this scenario, the client reveals instances of domestic violence that resulted in their child being injured. The social worker, as a mandatory reporter, is obligated to take action when there is a threat to a child's safety and well-being. The information provided by the client is significant because it indicates potential harm or danger to the child.

Option A (The information should have been forwarded to administration) is incorrect because the social worker has a responsibility to take immediate action in cases of suspected child abuse or neglect. Forwarding the information to administration without immediate intervention would not be appropriate in this case.

Option B (The social worker should never have disclosed this information) is also incorrect because the social worker has a duty to report instances of child abuse or neglect. Confidentiality can be breached when it comes to protecting a child's safety and well-being.

Option D (The social worker wanted to make a bigger case out of the proceedings) is incorrect because it implies that the social worker acted with personal motivations rather than a focus on the child's safety. The social worker's duty is to prioritize the well-being of the child, not to create unnecessary complications in the proceedings.

In conclusion, the social worker acted appropriately based on the danger posed to the child and their obligation as a mandatory reporter. Their actions were necessary to ensure the safety and well-being of the child in a situation involving domestic violence.

**18. B — It must be informed**

All competent adults have the right to refuse treatment. Consent must meet three criteria. It must be informed, voluntary, and competent.

**19. A — exploitation**

Exploitation refers to the act of mistreating an individual in order to gain advantages from their resources or labor. It involves taking advantage of someone's vulnerability, often for personal gain or profit. Exploitation can occur in various forms, such as labor exploitation, where individuals are forced to work in poor conditions or for very low wages, or resource exploitation, where natural resources are excessively and unsustainably extracted for economic benefit.

Option A (transference) is not the correct answer. Transference refers to the unconscious redirection of feelings from one person to another, often based on past experiences or relationships. It is commonly observed in therapy sessions or interpersonal relationships.

Option B (permanency) is not the correct answer. Permanency refers to the state or quality of being permanent or enduring. It is not directly related to mistreating individuals or gaining advantages from their resources or labor.

Option C (deceit) is not the correct answer. Deceit refers to the act of intentionally misleading or tricking someone for personal gain. While deceitful behavior can potentially lead to exploitation, it is not synonymous with the act of mistreating individuals for gaining advantages from their resources or labor.

**20. C — The social worker acted appropriately considering the danger**

In this scenario, the client confided in the social worker about instances of domestic violence occurring within their household, resulting in harm inflicted upon their child. The social worker, in this case, acted appropriately considering the danger involved.

**21. B — Avoidant Personality Disorder**

Avoidant Personality Disorder is characterized by a pervasive pattern of social inhibition, feelings of inadequacy, and hypersensitivity to negative evaluation. People with this disorder typically have a strong desire to be accepted and liked, but their fear of rejection and criticism leads them to avoid social interactions and isolate themselves from others. They may also have low self-esteem and be excessively self-conscious.

Option A (Anti-social Personality Disorder) is incorrect. Anti-social Personality



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Disorder, also known as sociopathy or psychopathy, is characterized by a disregard for the rights of others, a lack of empathy or remorse, and a tendency to engage in impulsive and irresponsible behavior. This disorder is not consistent with Maxine's behavior of avoiding social interactions out of fear and anxiety.

Option C (Depressive Disorder) is incorrect. Depressive Disorder, or depression, is a mood disorder characterized by feelings of sadness, loss of interest or pleasure, changes in appetite and sleep patterns, and difficulty concentrating. Maxine's behavior of isolating herself and avoiding social interactions may be a result of her anxiety and fear of negative evaluation, rather than depressive symptoms.

Option D (Bipolar Disorder) is incorrect. Bipolar Disorder is a mood disorder characterized by periods of intense, manic episodes followed by periods of depression. Maxine's behavior of isolating herself and avoiding social interactions is not consistent with the symptoms of Bipolar Disorder.

In conclusion, Maxine's behavior of isolating herself from her neighbors, avoiding social interactions, and altering her path when encountering others is most likely exemplifying Avoidant Personality Disorder.

### 22. C — Autism disorder

Based on the signs and symptoms described, the most likely diagnosis for Stephanie would be Autism disorder. Autism is a neurodevelopmental disorder characterized by difficulties in social interaction, communication challenges, and restricted and repetitive patterns of behavior. Stephanie's preference for solitary play, struggles with establishing reciprocal social and emotional connections, and delay in verbal communication skills fit the profile of someone with autism.

Option B) Tourette syndrome is not the correct answer. Tourette syndrome is a neurological disorder characterized by repetitive, involuntary movements and vocalizations called tics. Stephanie does not exhibit these symptoms, so Tourette syndrome would not be the most likely diagnosis.

Option C) Social conduct disorder is also not the correct answer. Social conduct disorder, or Conduct Disorder, is a behavioral disorder characterized by a persistent pattern of violating societal norms and rules. Stephanie does not display the symptoms associated with Conduct Disorder, so this would not be the most likely diagnosis.

Option D) Narcissistic disorder is also not the correct answer. Narcissistic Personality Disorder is a mental condition characterized by a grandiose sense of self-importance, a need for excessive admiration, and a lack of empathy. Stephanie's symptoms of struggling with social and emotional connections and delays in verbal communication do not align with the symptoms of Narcissistic Personality Disorder, making it an unlikely diagnosis.

In conclusion, based on Stephanie's signs and symptoms, the most likely diagnosis for her is Autism disorder.

### 23. D — Social workers should provide empathy, reflective listening, and treatment that meets the client where they are.

Social workers are encouraged to offer empathy, reflective listening, and treatment tailored to the individual client's circumstances, aligning with the clinical skills and the social work value of the Dignity and Worth of the Person.

Option A) is not ideal as it fails to customize the treatment to the individual client and their specific needs.

Option B) is not recommended as social work values do not encompass imposing the social worker's beliefs on clients.

Option D) shares similarities with option B).

### 24. A — Social workers anticipating conflicts of interest when testifying in divorce proceeding should take suitable measures to limit conflicts of interest.

Option A states that social workers only request clients' private information essential for delivering services, evaluating social work, or conducting research. This pertains to the concepts of privacy and confidentiality, as it outlines the appropriate circumstances in which social workers can request private information.

Option C states that social workers may disclose confidential information with valid



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client/legal designee consent. This also pertains to the concepts of privacy and confidentiality, as it acknowledges that confidential information can be shared with consent.

Option D states that social workers inform clients in advance of disclosure and possible outcomes, whether through client consent or legal requirement. This further emphasizes respect for privacy and confidentiality, as social workers ensure that clients are aware of potential disclosures and their potential consequences.

Option B, the correct answer, pertains to conflicts of interest when testifying in divorce proceedings. While conflicts of interest are important to address, this option does not specifically pertain to the concepts of privacy and confidentiality. It focuses on ethical considerations related to conflicts of interest, rather than directly addressing the protection of private information.

In summary, options A, C, and D all pertain to the concepts of privacy and confidentiality, while option B does not directly relate to these concepts.

**25. C — Harriet should only inform the mother of necessary information to preserve the relationship with Hannah.**

To preserve a therapist/client relationship, trust has to be maintained, therefore only sharing necessary information is the correct answer. Even though Hannah is a minor, Harriet should not disclose all content to her mother, especially if the information shared will hinder the client's progress. Therefore, A is not correct. Not all should be shared with her mother. Harriet does have a responsibility to share with her mother if Hannah is a threat to herself or others, therefore C is not correct.

**26. D — Neurosis**

Neurosis is a psychological disorder characterized by excessive anxiety, inner conflicts, and distressing thoughts and behaviors. In the given scenario, Whitney's erratic behaviors, such as distancing herself from engaging in anti-social behavior, acting dominantly towards others, and seeking validation, are indicative of neurotic patterns. These behaviors are likely a result of her attempts to cope with her anxiety and feelings of inadequacy.

Option A (Sexual abuse) is incorrect because although past traumatic experiences like sexual abuse can contribute to the development of mental health issues, it does not specifically align with the given symptoms exhibited by Whitney.

Option B (Abandonment) is incorrect because while feelings of abandonment can certainly impact one's emotional well-being, they do not directly explain Whitney's erratic behaviors as described in the scenario.

Option D (Battered wife syndrome) is incorrect because this term specifically refers to the pattern of psychological and physical abuse experienced by individuals in an abusive relationship. It does not capture the complexity of Whitney's behaviors and anxiety management.

In summary, Whitney's erratic behaviors, which include distancing herself from anti-social behavior, acting dominantly towards others, and seeking validation, align with the symptoms of neurosis. This theory suggests that her actions and strategies have become necessities in her attempts to manage her anxiety.

**27. D — sweating**

**Sweating** is a respondent behavior. Respondent behavior is involuntary behavior that is automatically elicited by certain stimuli. A stimulus elicits a response. Operant behavior is voluntary. It is controlled by its consequences in the environment.

**28. D — Socratic dialogue**

Socratic dialogue can guide the client in the identification, exploration, modification, and elaboration of cognitions. Socratic dialogue can elicit the thoughts, cognitive processing errors, or images contributing to the client's unhappiness or distress.



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**29. A — those who are self-centered**

The psychoanalytic model of counseling is not suitable for clients that struggle with self-centeredness. Neither is it suitable for clients who display impulsiveness or those who experience severe psychosis.

**30. A — dyspareunia**

Dyspareunia is the experience of pain during the act of sexual intercourse. It is not a paraphilia. Paraphilias involve a functional physiological sexual response which has been associated with an unnatural stimulus.



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